

Halifax metro

Your essential daily news | TUESDAY, AUGUST 23, 2016

Metro readers say:



Favourite
RIO
moment

metroVIEWS

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Wave watchers check out the ocean action from Hurricane Bill near Peggy's Cove.
THE CANADIAN PRESS FILE



HURRICANE SEASON HEATING UP

Warmer waters off N.S. could mean stronger storms, expert says
metroNEWS

YOUR HOT SPOT FOR BACK TO SCHOOL ESSENTIALS!



THE VILLAGE SHOPS
AT DARTMOUTH CROSSING
SHOP. DINE. UNWIND.

Toddler victim of sex assault: Halifax police

ALARMING

Police say they don't believe suspect knew little girl

 **Haley Ryan**
Metro | Halifax

A father living near where a toddler was allegedly sexually assaulted last week said the incident is "nuts," and made him cautious for his own child.

On Monday afternoon, Jeremy Branton was walking his dog along Wood Avenue in Halifax where Halifax Regional Police said the sexual assault took place against a young girl on Friday evening.

"That's nuts ... I don't even know what to say to it," Branton, 24, said.

Branton, who has an eight-year-old son, recently moved into the neighbourhood but said he's never noticed anything unusual in the area, and his roommates have never mentioned anything like this happening before.

It's "definitely" alarming, Branton said, but although he'll be extra-aware of where his son is from now on he likely won't talk to him about the specific incident as "it would

scare him."

"I've heard about things like that happening, but here in Halifax it doesn't seem like that kind of spot," Branton said.

Halifax Regional Police spokeswoman Const. Dianne Woodworth said they were called by the toddler's mother about half an hour after the 7:30 p.m. incident.

Woodworth said the girl (under 4 years old) had been outside playing with a group of children and other adults around, when a strange man asked her to come with him and led her behind a building.

Police said the man touched the girl in a sexual manner then left the area. He is described as a black man with a chubby nose and cheeks who was wearing a helmet and riding a bicycle.

The girl's mother went looking for her daughter after not seeing her in the courtyard area of Wood Avenue and found her behind a building, Woodworth said, when the girl told her mother what happened.

"It was very, very, very brief. People like that are very smooth at what they do and wait for opportunities, so we're certainly not blaming anybody except him," Woodworth said.

"We certainly don't want to worry people, but we want people to have the information to ... keep an extra eye out. It can't hurt."



Car goes over cliff

No one was seriously injured when a car smashed through a guardrail, went over the cliff and landed in the water on Shore Road in Sydney Mines at around 2 a.m. Monday.

The occupants of a Honda Civic managed to make it to safety.

One male and two females were in the car. A 17-year-old female was arrested for impaired driving and will attend court at a later time.

The vehicle, which was heavily damaged, wasn't removed



The Honda Civic. TC MEDIA

from the bottom of the cliff immediately due to lighting issues.

TC MEDIA

Police recover remains after fire

Police say they've recovered a body from a house that caught fire in Pictou County.

The RCMP say they were called to the home in Barneys River Station shortly after 3 a.m. Saturday.

They say the home on Avondale Station Road was fully engulfed in flames when they and several fire departments arrived.

At the time, they were unable to find a 42-year-old man living in the home. But a police dog and handler later discovered human remains in the charred debris.

The remains have been turned over to the medical examiner to determine the cause of death and a positive identity.

THE CANADIAN PRESS

LUNENBURG

Police say two teen girls approached by man in car

Police are searching for a man accused of trying to lure two young girls into his car in Lunenburg. They say a 16- and 14-year-old girl were walking on Edgewater Street last Wednesday when a man pulled up in a car and started talking to them. Police say he asked them to get in the

car, but they refused and the man drove away.

He is described as being in his mid-30's, with a dark complexion, short hair and dark brown scruff, a slight accent and a medium build. He is believed to have been driving a silver four-door sport utility with black material hanging from the back window. THE CANADIAN PRESS

HOMES

Man advertising services served cease and desist letter



**Zane
Woodford**
Metro | Halifax

The organization that regulates real estate sales in Nova Scotia is warning the public about a man believed to be advertising as a real estate salesperson without a licence.

Sarah Hill, a spokesperson

with the Nova Scotia Real Estate Commission, said on Monday that a man named Jack Bryant has a sign up in Hammonds Plains, advertising as a real estate salesperson with a phone number and an email.

"We're not aware that any contracts have been completed, or any agreements of purchase and sale have been completely executed, however, we do know that he is out there advertising himself as a real estate salesperson," Hill said.

The sign was brought to the commission's attention by one of its licensees, and last Thursday, Bryant was served a cease and desist letter.



We know he's out there, we know he's advertising, and we want to ensure that the consumers are protected.

Sarah Hill, Nova Scotia Real Estate Commission

Anyone facilitating the sale of real estate or the leasing of commercial space in Nova Scotia is required by law to have a licence with the commission.

Hill said licensing protects consumers — with criminal record checks, continuing education, and insurance.

"All of those mechanisms of consumer protection don't exist when you're dealing with an unlicensed person," she said.

Hill said in the three years she's been with the commission, she's only seen two other cases like this one, though she said the commission can't have eyes and ears all over the province.

"It's very easy for somebody to do that, however, when it comes to our attention, we want to make sure consumers, at the very minimum, are aware that these individuals are not licensed," she said.



GARDENING DAHLIA DAY

A bee lands on a Collarette Dahlia at the Public Gardens on Monday. The gardens have plenty of the beautiful flowers in full bloom and is hosting its annual Dahlia Day on August 31. JEFF HARPER/METRO

Warning issued for unlicensed realtor

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metro

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Group boycotts Sobeys

DISCRIMINATION

Association takes action after human rights case

Haley Ryan
Metro | Halifax

A church association is calling upon the public to let their "economic power" be a voice against racism in Nova Scotia by boycotting Sobeys.

On Monday, the African United Baptist Association of Nova Scotia (AUBA) said in a release they had agreed in a Saturday meeting to boycott the grocery chain until Sobeys apologizes and implements recommendations from the October 2015 human rights inquiry that found Andrella David of Upper Hammonds Plains had been discriminated against, based on her African Nova Scotian race and perception of income.

"The corporation may take more notice if you actually make them feel what impact their decision is having," Dr. Rhonda Britton, pastor at Cornwallis Street Baptist Church and AUBA vice-moderator, said Monday.

"(We're) letting our economic power be our voice in this issue."

Britton said although a remedy decision awarded David \$21,000 from Sobeys Group Inc. in April after the company had filed an appeal, there's been no evidence the grocery chain started racial sensitivity training for staff, which was a key recommendation.

David's racial profiling case involves an assistant manager at the Hammonds Plains Road Sobeys who accused her of shoplifting multiple times in



Protesters gather outside the Sobeys in Upper Tantallon in March. JEFF HARPER/METRO



We'll shop elsewhere until you acknowledge your part in this.

Rhonda Britton, in reference to Sobeys

2009, and said they had caught her on tape.

Even if the store had caught someone "actually guilty" of something, there's still a better way to handle them than the embarrassing way David was treated, Britton said.

There are about 3,000 people in the AUBA congregations, Britton said, with many more identifying with the group as the largest black institution in

Nova Scotia.

"We are hoping that it's not just a black thing, that other people will support our efforts in this; especially people of faith that say they believe that all people should be treated with justice," she said.

In an email on Monday afternoon, Sobeys spokeswoman Shauna Selig said the company has had "several discussions" with the Human Rights Com-

overall resolution shortly which will include a withdrawal of our appeal," she said, but did not give a timeline on when the appeal may be withdrawn.

A rally outside the Hammonds Plains store in March this year was also held to protest the Sobeys appeal and ask for an apology to David from the company, which has yet to happen.

"We can say it, and we have said it, but it hasn't moved them to act favourably in acknowledging their wrongdoing," Britton said.



Rhonda Britton METRO FILE

mission since the April remedy decision.

"We expect to finalize an

VIDEOS

Shop owner worried about future of business

Megan Haliburton loves video stores. She's slightly biased, as she owns Wolfville's video store, Cinematopia.

"A sweet little collection of the best films from everywhere in any era; but truly, I have always loved them. There is a magic here for the movie-lover," she says.

With Halifax video store, Video Difference, about to shut down after 34 years, Haliburton worries about the future, although she's pleased to know that Dalhousie University and the Halifax Public Library are buying that collection.

Haliburton, who worked at Wolfville's earlier video incarnation, Light and Shadow, believes "having so many fantastic films in one spot is intoxicating."

She also notes that the people who frequent an independent shop like Cinematopia create a "unique atmosphere, which is generated from encounters with fellow cinephiles sharing discoveries and opinions."

Browsing through actual shelves, she says, "you may hit upon a movie you've never heard of, but through a recommendation, or just because of an intriguing cover, you discover your new favourite film."

There's also the possibility, Haliburton adds, of stumbling across that "legendary rarity you always wanted to see but could never find. These are some of the intangible elements that make the video shop experience so special."

Haliburton worries though, knowing her little Main Street shop is one of the very few dedicated movie rental stores still standing in Nova Scotia.

"Those dissatisfied with Netflix are grateful that a place like Cinematopia still exists," she says.

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Storms to retain their punch

ENVIRONMENT

Warmer ocean waters could mean storms endure longer

Zane Woodford
Metro | Halifax

The peak of hurricane season is just around the corner, and warm waters off the coast of Nova Scotia could bring storms closer to our shores.

"What we're looking at right now is water temperatures just off the Maritimes that are one to two degrees above average for this time of the year,

and that's in part due to the warmer weather we've been having," Environment Canada meteorologist Bob Robichaud said in an interview on Monday.

"The water temperature is still too cold to intensify any pure tropical system, but it may delay or slow down some of the weakening."

Robichaud said the warmer temperatures create an "increase in potential" heading into September, the peak of hurricane season.

The season begins June 1 and traditionally runs till Nov. 30. The Canadian Hurricane Centre is forecasting 12 to 17 named storms this season, with between five and eight being hurricanes.

Those numbers are up from



A surfer rides some of the swells from Hurricane Joaquin last year near Cow Bay. JEFF HARPER/METRO

+ HEAVY WEATHER

The big storms for Nova Scotia in the last five years:

2015: Hurricane Joaquin brought big waves for surfers to the coast of Nova Scotia in early October. Swells were forecasted at between two and three metres as the hurricane passed well south of the province.

2014: Hurricane Arthur hammered Halifax Regional Municipality in early July with heavy winds and knocked out power in some areas for much of the day. The highest gust recorded was 140 kilometres per hour in Greenwood.

2013: Tropical Storm

2012: Hurricane Leslie brushed past the province en route to Newfoundland, pouring rain on its way by. The storm contributed to one of the wettest months on record in Nova Scotia.

2011: Hurricane Irene was a tropical storm by the time it hit Canadian shores, but it made its way through the Maritimes and into Quebec, leaving downed trees and knocked out power in its wake.

The water temperature is still too cold to intensify any pure tropical system, but it may delay or slow down some of the weakening.

Bob Robichaud

May's forecast of between 10 and 16 named storms due to increased water temperatures and changing winds.

So far this year, Robichaud said there have been six named storms, two of which were hur-

ricanes. Where the next storms will fall, though, Robichaud said it's "impossible to say" until the storms form.

"Basically, what we look at is the entire Atlantic Ocean in terms of activity, and what

we expect is for activity to be above average," he said.

Environment Canada recommends having an action plan and emergency supply kit for hurricane season, and making sure your home is as secure as possible.

"The big thing is to prepare for any potential power outages, and to keep a very close eye on the weather at all times, especially as we're heading into the peak of hurricane season, which is the month of September," Robichaud said.

THEFT Wedding card cash stolen

Cape Breton Crime Stoppers is seeking assistance from the public in solving the theft of numerous wedding cards taken from a wedding reception in New Waterford.

On July 23, a number of wedding cards were taken from a reception held at the Army Navy Club in New Waterford.

The cards were taken sometime between the supper and reception, and contained an unknown amount of cash. The empty cards were found the following morning along King Street and turned into Cape Breton Regional Police.

TC MEDIA

YARMOUTH Trail gets extension

The provincial government is assisting the Town of Yarmouth with funding for an extension of the Maud Lewis Trail in the town.

The province will contribute \$60,000 while \$121,000 will come from the town. The funding also covers the cost of the installation of a crossing light on Parade Street.

The Maud Lewis Trail currently connects Parade Street to Starrs Road. It is a wide, multi-use, accessible trail. It was named after well-known folk artist Maud Lewis who was born in Yarmouth County.

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ENVIRONMENT

Wildfires raging in B.C.

Cooler weather was expected to help British Columbia crews battling a wildfire that has forced the evacuation of dozens of properties above the northwestern shore of Okanagan Lake.

The Bear Creek wildfire broke out late Sunday evening, near Bear Creek Provincial Park, and within hours the Central Okanagan Regional District ordered the evacuation of 156 properties.

A news release issued by the regional district early Monday morning said no homes were lost overnight, but some sheds or outbuildings may have been damaged about 10 kilometres north of West Kelowna.

About 60 people from the evacuated area had registered at an emergency reception centre in West Kelowna by Monday morning.

The evacuation zone covered the provincial park campground, a subdivision and homes along Bear Creek Road.

Fourteen properties in a second subdivision were under evacuation alert and a section of Westside Road was closed until further notice.

"It's been relatively quiet overnight, the winds certainly died down early (Monday) morning and it's much cooler," said Bruce Smith, the information officer for the Emergency Operations Centre in Kelowna.

Calmer conditions and temperatures down to 14 C overnight helped BC Wildfire Service members and crews from several area fire departments as they handled hot spots accessible from the perimeter, he said.

Another Okanagan fire, at the south end of Skaha Lake, about 80 kilometres south of Kelowna, also caused concern late Sunday. THE CANADIAN PRESS

A flotation invasion of wayward Americans

SARNIA, ONT.

Winds turn boat party into international incident

You could call it an invasion party.

Or at least that's what it turned into after about 1,500 Americans taking part in an annual rafting event on the St. Clair River found themselves swept across the river to Canadian shores on Sunday.

"The first thing I thought was that this is exactly what will happen when Donald Trump will be elected: It's good practice," joked

Sarnia Mayor Mike Bradley, who watched the incident unfold from his waterfront property.

"This could be the start of many people trying to cross the border into Canada ... but it was just a big party crowd."

Michigan's annual Port Huron Float Down is a tradition that attracts thousands of participants who float 13 km down the river that divides Michigan and Ontario on rafts and store-bought inflatables. This year, an estimated 3,000 took to the water.

The unsanctioned event started around 1 p.m. at Lighthouse (Conger) Beach in Port Huron, Mich. By 4 p.m., hundreds of people had cleared the international Blue Water Bridge and found themselves headed to the

We had 1,500 people on floatable devices and they weren't prepared for it. Peter Garapick

Canadian side, breaking a golden rule of the loosely organized event: DON'T LAND IN CANADA.

"Most people (who) are hopping in have no idea what they're doing," said Peter Garapick, a superintendent of search and rescue with the Canadian Coast Guard, who was on hand Sunday to help get the Americans out of the water.

"They get in blow-up toys with a cooler of alcohol, no sunscreen, water, dry clothing or ID," he continued. "We had 1,500 people on floatable devices and they weren't prepared

for it."

Garapick said the hundreds of floaters who invaded Canada were caught up in the currents or blown ashore by winds believed to be gushing up to 40 km/h, landing at Front and George streets in Sarnia.

Some were singing the Canadian anthem as they were rescued by officials, he said.

Arianna Mahon, an 18-year-old Port Huron resident (who said she and her friends were not drinking that day), was among those swept across the river into Canada. She described the scene

on foreign soil as chaotic and stressful, but added that "a lot of cops were very polite. Very, very polite."

"It was freezing cold. We were just in our swimsuits, I didn't even have shoes," she told the Star. "It was amazing (hospitality). Some people from the Tim Hortons came and they were even giving us coffee."

Emergency officials say this was the first time Americans were blown over during the float at such a high volume.

Police organized the crowds at Ferry Dock Hill before Sarnia Transit took the U.S. citizens back over the Blue Water Bridge to the American side of the border by the busload.

TORSTAR NEWS SERVICE



People celebrate as they start the Float Down at Lighthouse Beach in Port Huron, Mich., on Sunday. Thousands of people gathered for the event and floated down the St. Clair River. MARK R. RUMMEL/THE TIMES HERALD/THE ASSOCIATED PRESS

IN BRIEF

Royal trip itinerary revealed

The Duke and Duchess of Cambridge will visit an area in B.C. known for its ancient rainforests as well as a community in Yukon that was a resting spot for Klondike gold miners when they come to Canada next month.

Kensington Palace tweeted Monday that Prince William and his wife Kate will visit Vancouver, Victoria, Bella Bella, Haida Gwaii and Kelowna in British Columbia as well as Whitehorse and Carcross in Yukon. THE CANADIAN PRESS

POLITICS

More of Philpott's travel expenses in question

The controversy surrounding Health Minister Jane Philpott's travel expenses grew on Monday as evidence surfaced that she billed taxpayers \$520 for access to Air Canada's executive airport lounges in North America and Europe.

The Opposition Conservatives, who produced a receipt for her lounge membership, said she should repay the money.

"This trend of excess and entitlement on the part of this minister and the government basically is continuing," said Conservative health critic Co-

lin Carrie.

Aaron Wudrick, the federal director of the Canadian Taxpayers Federation, also called for a refund.

"The things that are reasonable expenses are things that are directly related to their job," he said.

"I cannot see what the possible connection would be between her needing lounge access and ability to do her job."

Last week, Philpott said she would repay \$3,700 in high-end car service costs after it was revealed she billed for \$1,700 on

one day and more than \$1,900 on another day.

The minister's department is also reviewing 20 trips to Toronto Pearson International Airport that cost a total of \$3,815 to see if taxpayers were charged fair-market value.

The car service — used to take the minister between work events — was provided by a limo company owned by a volunteer who canvassed for Philpott in the last election.

NDP MP Charlie Angus said he is concerned about what could be a pattern of entitlement. He

said he is also concerned about the overall handling of the issue by the prime minister.

"He said they were going to do government differently," he said.

Prime Minister Justin Trudeau made his first public remarks about the spending controversy in Sudbury, Ont. on Monday.

"This situation was a reminder for all of us to be extremely careful about our expenses and about the public trust that we wield," Trudeau said standing in front of his cabinet including Philpott. THE CANADIAN PRESS



Health Minister Jane Philpott

THE CANADIAN PRESS



A man cries as people stand around a coffin during a funeral for victims of a terror attack on a wedding party that left at least 54 dead in Gaziantep, Turkey, on Sunday. AFP/GETTY IMAGES

Turkey vows to 'cleanse' border of Daesh terror

MIDDLE EAST

Bombing in Gaziantep killed at least 54 people

Turkey vowed Monday to fight Daesh militants at home and to "cleanse" the group from its borders after a weekend suicide bombing at a Kurdish wedding, an attack that came amid recent gains by Syrian Kurdish militia forces against the extremists in neighbouring Syria.

The bombing Saturday in the southern city of Gaziantep, near the border with Syria, killed at least 54 people — many of them

children. Nearly 70 others were wounded in the attack, the deadliest in Turkey this year.

There was no immediate claim of responsibility, but officials said it appeared to be the work of Daesh. Authorities were trying to identify the attacker, who President Recep Tayyip Erdogan initially said was a child. However, Prime Minister Binali Yildirim said Monday that it was unclear whether the bomber was a child or a grown-up.

"A clue has not yet been found concerning the perpetrator," Yildirim told reporters following a weekly Cabinet meeting. He said the earlier assertion that the attacker was child was a "guess" based on witness accounts.

At least 22 of those killed were

+ RETALIATION

Media reports say Turkish artillery has attacked a U.S.-backed Syrian Kurdish militia as well as Daesh positions across the border in Syria.

children younger than 14, according to a Turkish official who spoke on condition of anonymity in line with Turkish government rules.

The attack came after the Syria Democratic Forces, a coalition led by the main Kurdish militia groups in Syria, captured the former Daesh stronghold of Manbij in northern Syria under

the cover of airstrikes by the U.S.-led coalition.

"It appears to be an act to punish the PYD," said Nihat Ali Ozcan a security and terrorism expert at the Ankara-based Economic Policy Research Foundation of Turkey, referring to a Syrian Kurdish group whose militia is fighting Daesh. "It's the cross-border settlement of scores by two actors fighting in Syria."

Foreign Minister Mevlut Cavusoglu told reporters Monday that Turkey would press ahead with its fight against the Daesh inside Turkey and support efforts to remove extremists from its borders.

"Our border has to be completely cleansed of Daesh," Cavusoglu said. THE ASSOCIATED PRESS

IN BRIEF

NATURAL DISASTER

Louisiana begins recovery slog

Expressing "deep regret" for his actions, an Islamic extremist pleaded guilty Monday to orchestrating the destruction of historic mausoleums in the Malian desert city of Timbuktu.

Ahmad Al Faqi Al Mahdi calmly told judges he was entering the guilty plea "with deep regret and great pain" and advised Muslims around the world not to commit similar acts, saying "they are not going to lead to any good for humanity." THE ASSOCIATED PRESS

Storm victims spill out of the waiting rooms, some clutching water-stained documents, others with the long stare of those stricken by disaster, each with a story of personal tragedy about the Louisiana flood's devastation to their homes and their lives.

The line for the makeshift Federal Emergency Management Agency recovery centre started to gather before the facility opened Monday at a substance abuse treatment site run by a local Baptist church.

The long, hard slog of recovery is underway across south Louisiana, after a storm that began

Aug. 12 dumped as much as two feet of rain in some areas over 48 hours, causing catastrophic flooding.

At least 13 deaths have been attributed to the flooding, and more than 60,000 homes were damaged. President Barack Obama was expected to visit the area Tuesday.

In hard-hit neighbourhoods, people spent their weekend gutting homes in brutal heat, ripping out water-logged carpet and flooring, and sifting through personal belongings to determine if anything was salvageable.

THE ASSOCIATED PRESS



Residents clean out their homes in St. Amant, La., on Saturday. THE ASSOCIATED PRESS

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| 2846-66/69 Sectional with chaise - Moonlight Stone | \$2575 | \$1799 | 30% |
| 2227-69/64 Sectional - Donovan Oyster | \$2619 | \$1699 | 35% |
| 2846-38/35 Sofa & Loveseat Bourgesoise Flax | \$2508 | \$1749 | 30% |
| 2846-38/20 Sofa & Chair Bourgesoise Flax | \$2198 | \$1539 | 30% |
| 2846-38/35 Sofa & Loveseat Fabric Sentinel Canvas | \$2639 | \$1849 | 30% |
| 1145-69/66 Sectional with Chaise Seed Taupe | \$2575 | \$1799 | 30% |
| L1408-29/65 Sofa with Chaise Leather Portofino Ivory | \$4889 | \$3179 | 35% |

CAMPION

| | Reg. | Sale | % Off |
|---|--------|--------|-------|
| 3004 Sofa & Chair Leather Havana Dark Brown | \$4068 | \$2849 | 30% |
| 3001 Sectional Leather Coriva Ice | \$4235 | \$2959 | 30% |
| 647 Sectional Leather Coriva Ash | \$4399 | \$3079 | 30% |
| Versailles Sofa & Loveseat Leather Coriva Cranberry | \$3908 | \$2735 | 30% |

ELRAN

| | Reg. | Sale | % Off |
|--|--------|--------|-------|
| 41609/41602 Reclining Sofa & Chair Grey Leather With power | \$5968 | \$4469 | 25% |
| 41609/41602 Reclining Sofa & Chair Dark Brown | \$5358 | \$3999 | 25% |
| 4047 4 piece sectional Brown Leather | \$6899 | \$5169 | 25% |
| 4008 Theatre Seating Loveseat Leather Dark Brown | \$4459 | \$3339 | 25% |

FURNIRAMA

| | Reg. | Sale | % Off |
|--|--------|--------|-------|
| 807/RC87 Sofa & Reclining Chair Burgundy Leather | \$5137 | \$3849 | 25% |
| 782 Loveseat Charcoal Leather | \$2619 | \$1829 | 30% |

FUTURE

| | Reg. | Sale | % Off |
|---|--------|--------|-------|
| 7053QS Queen Sofa Bed Delta Java | \$2549 | \$1475 | 40% |
| Isabella Sofa, Chair 1/2 & Ottoman Fabric | \$5239 | \$3139 | 40% |

PALLISER

| | Reg. | Sale | % Off |
|---|--------|--------|-------|
| 5 piece sectional Leather Carnival Bamboo | \$7579 | \$5679 | 25% |

SUPERSTYLE

| | Reg. | Sale | % Off |
|--|--------|--------|-------|
| L5002 Sofa & Loveseat Leather Torino Red | \$4298 | \$2999 | 30% |

CANADEL

| | Reg. | Sale | % Off |
|--|--------|--------|-------|
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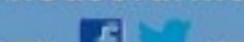
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Canadian producers to double duck output

FOOD

Celebrity chefs, reopening of Mexico market spurs demand

Despite a surge in cheap imports, Canadian duck producers are planning to boost production due to growing consumer demand spurred on by celebrity chefs and the reopening of the Mexican market.

Brome Lake, the country's oldest processor of domestic Pekin duck, is spending \$30 million to build a facility in a former beef plant in Asbestos, Que., that will double its annual production capacity in five years to four million birds.

Ontario rival King Cole Ducks also plans to increase its output to stay competitive.

Canada's three largest producers, which also include B.C. supplier Fraser Valley Specialty Poultry, expect overall annual



Frozen ducks are ready for sale in Montreal. PAUL CHIASSON/THE CANADIAN PRESS

production to double from the current level of 5.5 million ducks.

A popular delicacy in Asian communities, duck is increasingly being sampled by new consumers.

"The young generation is

trying more and more different products and duck is one of them," said Claude Trotter, president of Brome Lake, founded in 1912.

Although pricier than chicken, the red meat protein is increasingly being selected as

an alternative to beef, which has experienced steep price increases.

Brome Lake hopes to begin production in November, four months after a fire destroyed its processing operations, offices, distribution facilities and a retail store in Knowlton, Que.

Processing has temporarily been shifted to a co-owner's operations in Indiana.

Duck is a Canadian niche culinary offering, but it's a popular item in Quebec for Brome Lake.

The processor aims to spur sales in the rest of the country beyond Chinatowns by offering a wider array of its products, including fresh meat, leg confit, sausages, duck pie and fondue meat — all of which are readily sold in Quebec supermarkets.

It also plans to educate consumers at supermarket tastings about the product that's traditionally only been served at Christmas and on other seasonal holidays.

THE CANADIAN PRESS

CONVENIENCE STORES

Couche-Tard pays \$4.4B for U.S. chain

Alimentation Couche-Tard, already among the largest convenience store operators in North America, announced a \$4.4-billion US friendly acquisition Monday that would significantly expand its presence south of the border.

The Quebec-based company that owns the Mac's and Couche-Tard convenience store chains said it was buying CST Brands, which is headquartered in San Antonio, Texas, and has more

than 2,000 stores in the U.S. and Eastern Canada.

Brian Hannasch, chief executive officer of Alimentation Couche-Tard, told analysts on a conference call that CST Brands fills a few gaps in his company's U.S. retail operations.

"It gives us an entry into Texas, a market that we've been focused on penetrating for the last three or four years," Hannasch said.

THE CANADIAN PRESS

BY THE NUMBERS

Canada

About 1,830 stores under the Couche-Tard and Mac's brands.

United States

More than 6,050 Circle K and Kangaroo Express sites in 41 states.

Europe

2,659 full-service (convenience and fuel) and automated stations (fuel only) under Circle K, Statoil and INGO brands.

International

Licensing agreements cover almost 1,500 stores under the Circle K banner in China, Costa Rica, Egypt, Guam, Honduras, Hong Kong, Indonesia, Macau, Malaysia, Mexico, Philippines, United Arab Emirates and Vietnam.

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June wholesale sales up: Statistics Canada

Canadian wholesale sales were better than expected in June, offering a sliver of economic optimism in what's expected to be a rough quarter.

Statistics Canada said wholesale sales grew by 0.7 per cent to \$56.4 billion, the third consecutive month of gains.

"June's GDP print should be a decent one ... Autos, personal goods and building materials led the advance," CIBC economist Nick Exarhos said in a note to clients.

THE CANADIAN PRESS

market minute

| | |
|-------------|-------------------------|
| \$ DOLLAR | 77.22¢ (-0.56¢) |
| TSX | 14,748.19 (+60.73) |
| OIL | \$47.41 US (-1.70¢) |
| GOLD | \$1,343.40 US (-\$2.80) |
| NATURAL GAS | \$2.68 US (+10¢) |
| DOW JONES | 18,529.42 (-23.15) |

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WESTJET 

metr VIEWS

Your essential daily news

Tuesday, August 23, 2016

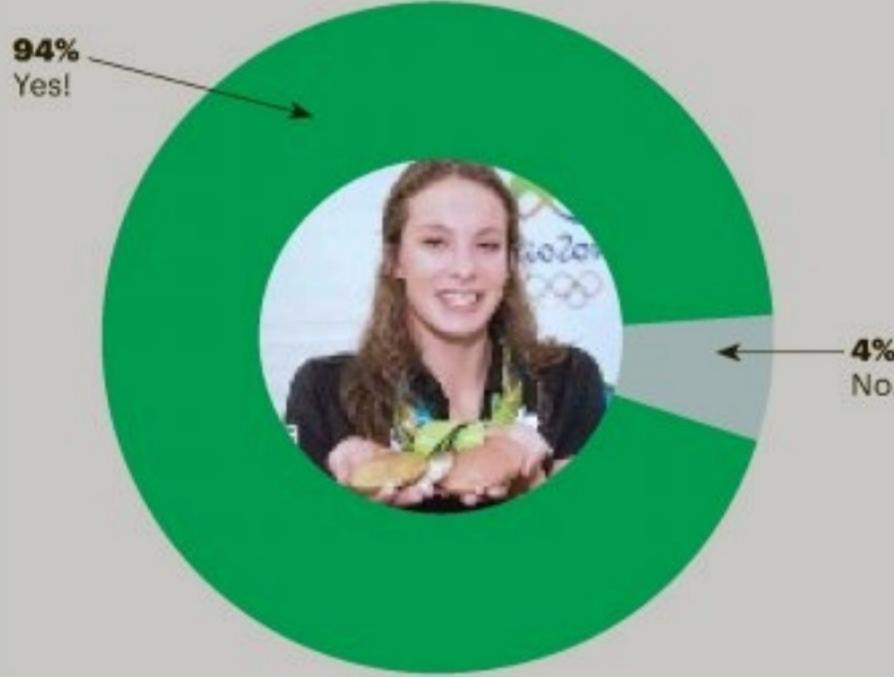


METRO POLL

Best summer Games for Canada ever?

Canada's 22 medals in Rio amounted to the highest total at a summer Olympics since the 22 collected at the 1996 Atlanta Games. And our three gold medals was two better than at the 2012 London Games, though well short of the seven we won in Barcelona in 1992. And, of course, there were the exploits of Penny and Andre. We asked our readers to reflect on Rio.

1 Was Rio the best ever performance for a Canadian summer Olympic team?



2 Who was the breakout Canadian star?

- 63% Penny Oleksiak in swimming
- 25% Andre De Grasse in sprinting
- 13% The women's rugby sevens team

3 How many medals will Canada win in 2020?

- 63% Between 22 and 25
- 31% More than 25
- 6% 22 on the dot
- 0% Less than 22

4 What was your favourite moment?

Kish finding her dad at the end of the bronze medal rugby game, if I had to pick just one.

Honestly, it was watching the women's 75 kg weightlifting finals. Wow!

It's Gotta be the Bolt-De Grasse bromance

Every single thing Penny did in the pool. What a hero!

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HAVE YOUR SAY

Dal's \$300K giveaway to bluebloods a real shame

HALIFAX MATTERS

Stephen Kimber



So this is embarrassing. For whom?

Well, it should be shame-making for everyone involved.

Back in April, Dalhousie University's Board of Governors approved a three per cent across-the-board tuition

fee hike — even higher for students in engineering, pharmacy and agriculture — and squeezed faculty budgets to achieve its goal of a balanced budget.

At the same time, the university quietly agreed to pony up \$300,000 US to cover the cost of nine of the province's best and brightest (not to forget richest) to attend an "entrepreneurship acceleration program" at Boston's Massachusetts Institute of Technology this fall.

The Dalhousie-funded participants include John Risley, Canada's 39th richest person (net worth: \$2.35 billion), Emera CEO Chris Huskisson (\$4.3 million in salary and benefits last year) and, of course, Dalhousie president Richard Florizone (a piddling \$390,052).

At the time, according to internal emails obtained by Progressive Conservative Leader Jamie Baillie, the university

knew it was going "out on a limb" by agreeing to pay for the program, but believed it could convince the province or private-sector donors to "partner" with them.

Last week, Premier Stephen McNeil scotched any hopes the province would contribute — even as he praised the MIT program as "an amazing link."

Which is interesting.

The two-year global program is specifically designed to bring MIT experts together with "government, corporate, academia, risk capital and the entrepreneurial community" — what one faculty member calls a region's most "powerful, influential decision-makers" — "to develop strategies in addressing economic challenges."

In other words, the program is supposed to help us actually accomplish all those fine-sounding Now-or-Never Ivany Report goals everyone

is so fond of quoting and touting.

If that's the case, why shouldn't government — at least three of the chosen are government employees — support the program financially.

And why shouldn't successful entrepreneurs and CEOs who've benefited from government largesse — the Atlantic Canada Opportunities Agency, for example, invested more than \$15 million under various guises to help Risley develop his Ocean Nutrition fish oil company, which he then sold to a Dutch conglomerate for \$540 million in 2012 — offer to pay for the entire program. And more.

Why are governments and well-heeled executives letting Dalhousie students — already paying among Canada's highest tuitions — carry their freight?

They should be embarrassed.

Why are governments and well-heeled executives letting Dalhousie students carry their freight?

ROSEMARY WESTWOOD

No politician is exempt from the temptations and pitfalls of politics

On Saturday night, the king of Canadians, Gord Downie, used the stage at The Tragically Hip's final national tour — which has lent us more pride and unity than Tim Hortons ever could — to praise Justin Trudeau's commitment to indigenous Canadians.

As if Trudeau's Teflon popularity needed a boost.

His approval ratings in June were so high (at 56 to 63 per cent) that iPolitics wondered, "How long will Trudeau's luck last?"

Canadians (mostly) see him less as a politician than as a genuinely good guy who's going to genuinely change our country for the better (and look good doing it).

But here's the thing: Trudeau is indeed a politician, and sooner or later, he's going to screw up like one.

Already, his health minister, Jane Philpott, has stepped in that most obvious and cliché of controversies: unnecessary overspending for no purpose other than convenience or preference for room-temperature cheese.

It doesn't take a smart, powerful woman to realize that \$1,700 on a limo service for one day would be bad optics as well as bad taste. And yet there was Philpott this weekend, apologizing for just such a snafu while hoping we believe it was an honest mistake, instead of a classic example of a

political privilege.

Likewise, witness Trudeau's kindred spirit and brother-in-sleek-suits, U.S. President Barack Obama, who has been embarrassed into visiting flood-ravaged Louisiana today. He'd previously been photographed bike riding with his daughters on holiday, while tens of thousands of people fled

what the Red Cross has called "likely the worst natural disaster in the United States since 2012's Superstorm Sandy." The optics were already eerily similar to George Bush's absence during Hurricane Katrina, and then who should show up to hand out kids' toys but Donald Trump (proving that he can do the odd bit of conventional politicking).

The problem, as the National Post's Robyn Urback noted, is that "entitlement is, generally speaking, a non-partisan illness."

I have a better chance of buying a house in Vancouver than Justin Trudeau has of keeping up this nice-guy-in-a-politician's-clothing act. There will be more Philpott-esque controversies, because there always are, and Trudeau should be held responsible when they happen.

That doesn't mean we have to give up our Gord Downie-approved hope. I'm among those who believe it may be well placed. Meaningful change could happen, but the fairy tale won't last.

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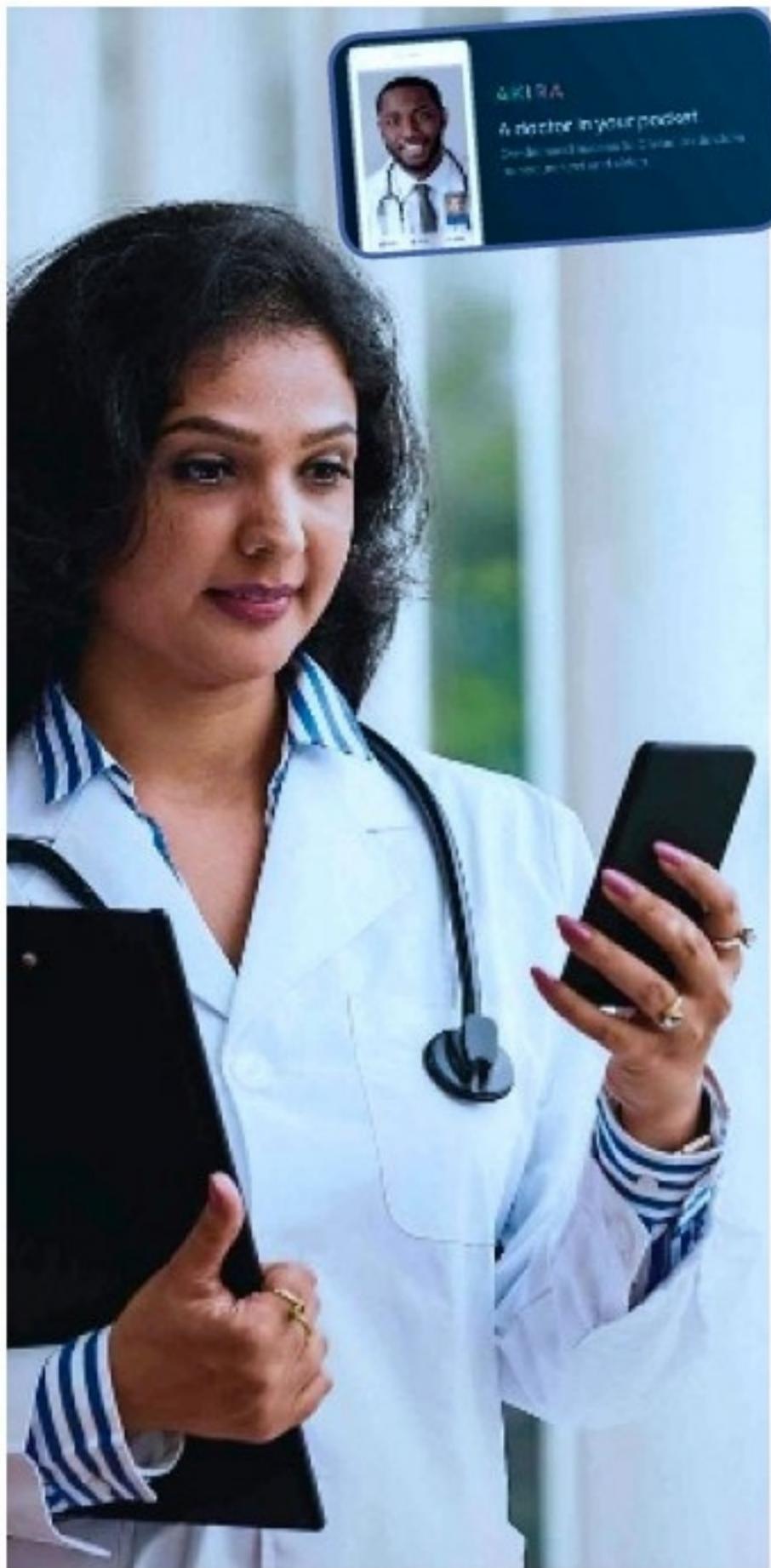
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Akira (logo inset) is a telemedicine app that allows patients to speak to doctors via text and video conferencing to get medical advice and prescriptions. ISTOCK

Doctors without bricks and mortar

TECHNOLOGY

Can an app replace a visit to your health care provider?

Genna Buck
Metro Canada



When Nicole Simone had tell-tale signs of an eye infection a few months ago, she was pretty sure she knew what she had. She also knew her family doctor typically books appointments at least three to five days in advance.

Suspecting she was contagious, the Toronto-based photographer didn't feel up to visiting a walk-in clinic.

So she downloaded the smartphone app Akira, made by the Toronto startup of the same name. She signed up for a \$9.99/month plan, filled out a form with her health history, submitted some photos of her eye, and spoke to a doctor by text message, answering "a bunch of questions."

Within 20 minutes, a prescription for an antibiotic had been sent to Simone's pharmacy. She did not need to submit her health card.

"I paid 10 dollars to not wait in the waiting room and catch more diseases,"

Simone said.

Services like this have been around in the U.S. for years, but they don't seem like they would be allowed in Canada — doesn't our single-payer health care system cover the treatment of eye infections?

It does. But in Ontario, where Akira launched in May, the provincial health insurance program doesn't cover telemedicine — the use of telecommunications technology to provide clinical care — so companies are free to charge for it.

And Canadians are eager to pay for it. A 2014 report in HealthcarePapers found nearly 80 per cent of us would like to be seen by our health providers online. That's what Akira does: Via text and video conferencing, its doctors and nurse practitioners can examine you, give advice, order lab work, refer to specialists and write prescriptions — all without you leaving the couch.

All this raises questions about what role the for-profit tech industry should play in Canadian health care, where medically necessary services are privately provided, but publicly funded and free; a right many Canadians hold sacred.

Plans are in the works to expand across the country, Akira CEO Dustin Walper said, but it could take awhile because what services are cov-

ered varies from province to province. Health care, like transportation and communication, could benefit from a bit of disruption from the tech sector, he added.

Pascale Lehoux, public health innovation professor at L'Université de Montréal, is less enthusiastic.

"The electronic health industry is very heterogeneous, including many small startup firms that have to generate a lot of "buzz" for investors ... these firms have to chase the most profitable business model (e.g., clients with low health risks)," she said in an email.

Lehoux is not confident private, digital health services will ease the burden on Canada's overtaxed health system.

"From a public health perspective, such firms are unlikely to respond to pressing needs," she said.

"They respond to the needs/anxieties of (potentially wealthy) clients and work with physicians who are highly sensitive to financial incentives. What kind of health outcomes shall one expect from that?"

Akira's doctors are paid by the day by the company, regardless of how many patients those doctors see, and visits are unlimited.

The company also relies on patients to give their medical

BY THE NUMBERS

30

The typical age of an Akira user, according to CEO Dustin Walper.

80%

The proportion of Canadians who would like to be able to see their health provider online.

history. Akira will send its records to your doctor, with permission, but the reverse isn't possible — your family doctor can't share your electronic medical record with Akira.

Walper said it's not for him to say whether Akira is eventually covered by provincial plans, private insurance, or continues as an out-of-pocket service.

But he thinks one day Canadian hospitals will come knocking, wanting to use the technology that companies like his have developed.

"If we don't incubate and innovate our own companies in this country, down the road, we're just going to buy the technology from someone else."

can't afford it?

Austensen recommends that couples communicate and create a vision or plan that works for them (for instance, one partner does the cooking and cleaning and then other partner does the laundry, yardwork and handles the bulk of the childcare).

If one of the partners slips up, nagging is definitely not the way to go, as it could breed further resentment.

"There has to be feedback and positive acknowledgement," says Austensen.

Couples should be checking in with each other about the things that they're both doing and contributing, ensuring that they're honouring their commitments."



Jen Horsey and her boyfriend don't exactly see eye-to-eye on when it comes to how quickly one should unpack a suitcase after a trip. TORSTAR NEWS SERVICE

RELATIONSHIPS

Don't let chores breed resentment

Sofi Papamarko
Torstar News Service

Jen Horsey travels a lot for work. So does her boyfriend. Sometimes, things get messy.

"When I get home from a trip, I unpack right away," says Horsey, a marketing professional.

"I put the dirty clothes in the laundry, stow the suitcase and restore all my toiletries to the bathroom — even if I'm only home for a couple of days before I leave again. He, on the other hand, just opens his suitcase and

lets it vomit its contents all over our bedroom floor."

Horsey doesn't consider herself a neat freak — houses are meant to be lived in, after all — but she does prefer it when things look tidy. "My boyfriend doesn't notice mess the same way I do," Horsey says.

It's not a gender thing. Nine times out of 10, my own boyfriend's place is immaculate. Whereas I am writing this on a coffee table littered with old magazines, bottles of nail polish and a constellation of pistachio shells. (I'll get to it later, okay?)

No matter how compatible you may be with your partner, if you have different cleanliness ideals, could it spell trouble for your relationship? I asked Toronto psychotherapist and couples counsellor, Kirk Austensen.

"(Cleanliness and) the division of household labour is absolutely an issue in a relationship," he says. Austensen explains that in relationships where there is this type of imbalance, there is usually one person who is an "overdoer," while the second is a more laissez-faire person. The labour imbalance eventually

breeds resentment. "Resentment is the number one relationship killer," says Austensen.

Hiring a regular cleaning service is a great solution. But what about couples and families who

Soggy pizza stirs summer memories

ESSAY

Not every child gets the campfire and pine tree experience

Karon Liu
Torstar News Service

The quintessential scents of a Canadian summer are the whiffs of pine trees seeping through the car windows while pulling up to the cottage; the morning air that greets you when you open your tent; and the smoky aroma of marshmallows over an open flame.

At least, that's what I was brought up to think were the smells of summer while I was watching TV.

Truthfully, the summer scents of my childhood consisted of soggy Pizza Pops, Kraft Dinner and lukewarm pizza bagels eaten in a wood-panelled basement with yellow fluorescent lights.

My sister and I didn't spend a lot of time outside when we were kids.

As immigrants from Hong Kong, where temperatures average 30 C in the summer and the humidity gets so intense you have to refrigerate bread or else it gets mouldy, my mom found it perplexing that people would willingly leave an air-conditioned home and sleep in a tent or eat on a patio.

My mom is also one of those moms that would for-

As immigrants from Hong Kong, where temperatures average 30 C in the summer and the humidity gets so intense you have to refrigerate bread or else it gets mouldy, my mom found it perplexing that people would willingly leave an air-conditioned home and sleep in a tent or eat on a patio

Karon Liu



Karon Liu writes that this summer he's cooped up in the Torstar test kitchen — where no microwaveable pizza is allowed.

TORSTAR NEWS SERVICE

ward you emails in all-caps believing that urban legends were real.

She'd tell us stories of strangers pricking people with AIDS-infected needles in movie theatres, and my fa-

vourite: kids being kidnapped, killed and then having their bodies used to smuggle cocaine past airport security. You know, stuff you'd tell a 7-year-old.

We didn't believe her, but

we were still forbidden to go outside without adult supervision — including the backyard. So when school was done for the year, we'd just stay inside all day. My grandma was still living with us at the time and she watched us while my parents were at work. She'd heat up a can of alphabet soup for my sister and I while we watched *The Price is Right* followed by *The Flintstones*. After that it would be another block of

TV-watching in the basement before the afternoon hunger pangs set in.

Our fridge was stocked with all kinds of frozen junk food stockpiled from Costco: Pizza Pops, Bagel Bites, French fries.

My parents knew this was the bottom of the barrel when it came to nutrition, but it was quick to heat up and didn't require my sister or me to turn on the stove.

As first generation kids growing up in the '90s — a

time when sushi and hummus were still exotic to the masses — we wanted to fit in with all the other kids and stuff ourselves with the junk food we saw on TV. I can still conjure up the moist and funky smell of overly processed pizza sauce undoubtedly seeping into the faux wood-panelled walls of our basement.

I don't think my sister and I ever really enjoyed eating that garbage, but we convinced ourselves that we were supposed to like this stuff since we saw it advertised all the time.

We didn't really embrace Chinese cuisine again until we were in our 20s.

It's something I look back on with a bit of regret: I was too busy stuffing myself with crap food to appreciate my grandma's food. She died by the time I developed an interest in cooking.

Eventually, our lives became less of a *Virgin Suicides* scenario: My sister moved out to live when her then-boyfriend and I became a boots-on-the-ground aspiring reporter and went to study journalism.

To our parents' credit, they trusted us. They knew we'd have to explore the world or else we'd be a pair of Chinese Norman Bates, and they accepted that there's a cultural difference between us that they would never understand (for example, me going camping and my sister's love of brunch).

Nowadays, my sister's summers consist of her and her husband taking their little Madeline to the park.

Ironically, this summer I'm cooped up in Torstar's test kitchen as the aroma of cookies, seared chicken and roasted cumin-scented cauliflower fills the windowless room.

No microwaveable pizza is allowed.

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GOSSIP BRIEFS

Netflix to stream new Anne of Green Gables

Anne Shirley is going around the world. Netflix says it will stream an upcoming new Anne of Green Gables adaptation, which will also air on CBC-TV and has several women at the helm.



Emmy Award winner Moira Walley-Beckett is writing the entire first season of the new series Anne, which is based on Lucy Maud Montgomery's classic novel.

Niki Caro will direct the two-hour series premiere, while Miranda de Pencier produces the show.

The series, which will feature eight one-hour episodes, will stream globally on Netflix as it airs on CBC-TV in Canada next year. It will hit Netflix in Canada at a later date.

Production is scheduled to begin in September in Ontario.

THE CANADIAN PRESS

GOOD MORNING AMERICA

On-air racial slur 'a mistake': Robach

Good Morning America co-anchor Amy Robach has apologized for saying "coloured people" on Monday's broadcast of the ABC program.

Her use of the term sparked criticism on social media. "Offensive," tweeted one viewer. Another said Robach "gets a pass this time" but vowed to ditch GMA for a rival morning program if it happened again.

During a segment on diversity in Hollywood, Robach, who was substituting for Robin Roberts, noted recent criticism for casting white actors "in what one might assume should be a role reserved for coloured people."

After the broadcast, Robach released a statement explaining she had meant to say "people of colour." She called the incident "a mistake" and "not at all a reflection of how I feel or speak in my everyday life."

The words used to describe African-Americans have evolved over time from words like Negro, coloured, Afro-American to the current black, African-American and people of colour, said Deborah E. McDowell, director of the University of



Amy Robach . EVAN AGOSTINI/INVISION/THE ASSOCIATED PRESS FILE

Virginia's Carter G. Woodson Institute for African-American and African Studies.

"We no longer use the term coloured people, although once upon a time that was a term in use," McDowell said. "Now the preferred usage is people of colour if you are speaking about people of colour broadly. If you are referring specifically to African-Americans, people will frequently be specific and refer to us as African-Americans."

THE ASSOCIATED PRESS



JOHANNA SCHNELLER WHAT I'M WATCHING

Sunday for Dummies strategy paying off

THE SHOW: Match Game, Season 1 (ABC)

THE MOMENT: Just...all of it

"Michael, I told you to rub my hair for good luck," host Alec Baldwin says to a contestant on this 1970s game show revamp, where two competitors play fill-in-the-blank with six celebrity panelists. "That was a typo. It should be my balls."

The audience roars. "What would you do with \$25,000 if you won?" Baldwin asks Michael.

Panelist Leslie Jones pipes: "Get someone to rub his balls!" (Other celebs include Jack McBrayer, Cheryl Hines, Josh Charles and Rosie O'Donnell.) The audience roars.

Michael loses. "Can I say one thing?" Baldwin asks him. "You didn't rub my balls."

Match Game is part of a three-hour, Sunday night block of vintage game shows — the other two are Celebrity Family Feud and \$100,000 Pyramid — that ABC is running as counter-programming to the brainier fare



Leslie Jones is one of the panelists on Match Game. CONTRIBUTED

that's dominated the night of late (see The Good Wife, or anything on HBO).

So successful has this Sunday for Dummies strategy proved, ABC has renewed it.

I'm old enough to remember when these shows aired on weekday afternoons, and believe me, they were harder to win back then. For example, "Auntie's cooking," as one contestant ventured on Family Feud, would not have cut it as a match for the real answer, "Fruitcake."

The intention of simplifying things seems to be this: If no one is smart, hey, everyone is!

Match Game was always about wink-nudge innuendo. But today, this passes for discretion: When Jones writes "C*nt" on her answer card, they fuzz the word on screen. The audience roars.

Johanna Schneller is a media connoisseur who zeroes in on pop-culture moments. She appears Monday through Thursday.

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Medium Hair

Roxs is a calm and pleasant cat who was found stray in the city. He enjoys being petted and spending quality time with human companions. We believe Roxs would prefer a home that can provide him with lots of company and stimulation. He would also prefer being the only feline member of the household. Roxs, who is about 8 years old, is looking forward to settling into a comfortable life in his forever home. Could it be with you?

For more information on Roxs and other adoptable furry friends, visit www.spcans.ca/dartmouthshelter or contact the Nova Scotia SPCA Provincial Animal Shelter at 902-468-7877 or dartmouth@spcans.ca

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4 BIG SPORTS SPEEDSTERS BOLT WOULD BLOW AWAY



Usain Bolt started slowly, but reeled in a star-studded field to win his third straight 100-metre Olympic gold in Rio.

Bolt's victory was only slightly more predictable than the subsequent story in the Cincinnati Enquirer, speculating on how he would fare against the Reds' base-stealing outfielder Billy Hamilton.



1 BILLY HAMILTON

Centre-fielder, Cincinnati Reds

BONA FIDES: 179 stolen bases in 386 MLB games. Once stole 155 in a single minor-league season.

VERIFIABLE SPEED: Timed in 3.3 seconds from home plate to first base, but no electronically timed track stats exist.

FAST AS BOLT BECAUSE: He says so. He told the Enquirer he'd "get a 10 (seconds)" in the 100 today.

FLAW IN THE LOGIC: Sprinters think in hundredths of seconds, so a "10" doesn't mean much. Plus, Bolt would "get a nine," making Hamilton's "10" irrelevant.

ODDS OF BEATING BOLT: A snowball's chance in Jamaica.



3 CARLIN ISLES

USA rugby sevens wing

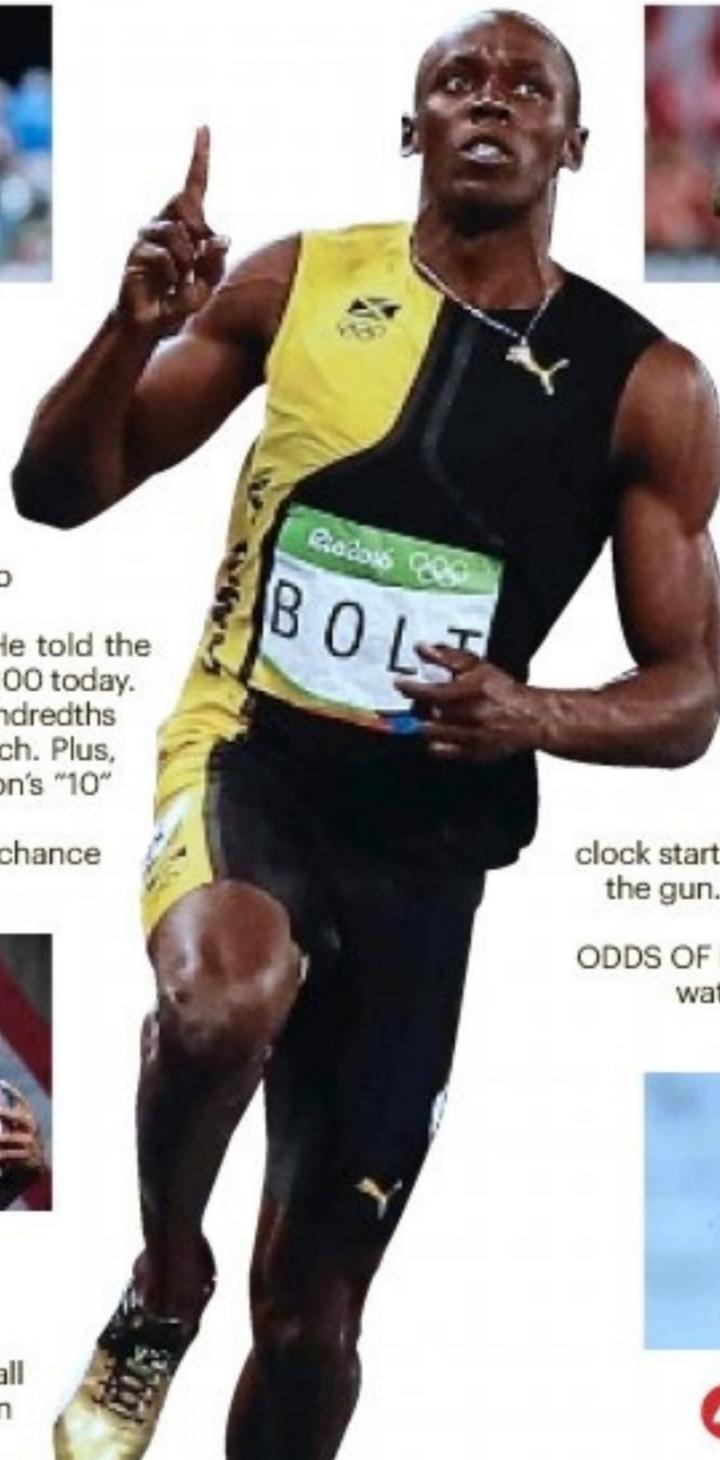
BONA FIDES: College sprinter and football player who transitioned to rugby sevens in 2012. Has 29 caps with U.S. sevens.

VERIFIABLE SPEED: Ran track while also training for the Olympic rugby tournament.

Recorded a 10.15-second 100 metres in June.

FAST AS BOLT BECAUSE: Rugby coaches have timed him at 2.67 over 20 metres. Bolt covered that distance in 2.88 during his world-record run.

FLAW IN THE LOGIC: The numbers don't add up. Bolt hit 60 metres at 6.29 when he set the record. Isles' 60-metre best is 6.65 seconds. **ODDS OF BEATING BOLT:** Isles' 100-metre personal best is 448th all-time. Bolt is No. 1. Do the math.



PHOTOS BY
GETTY IMAGES

is the fastest?

Because these debates are ridiculous, that's why.

The world's fastest sprinter is also its fastest athlete, period. We could draw a Venn diagram, but what's not to understand?

Plenty, apparently.

While it's tempting to cast a phenom like Bolt in terms of familiar sports like football,

that logic falters quickly. It's like hearing "Let's Get It On" for the first time, then wondering if Marvin Gaye can sing better than Drake.

Yet the list of non-track athletes "faster than Usain Bolt" grows and the truth gets left in the dust — like Hamilton would be if the two ever actually raced.

TORSTAR NEWS SERVICE



2 CHRIS JOHNSON

Running back, Arizona Cardinals

BONA FIDES: Led the NFL with 2,006 rushing yards in 2009. Career includes TD runs of 91 and 94 yards.

VERIFIABLE SPEED: Covered 100 metres in 10.38 seconds in high school.

FAST AS BOLT BECAUSE: He holds the NFL combine 40-yard dash record at 4.24 seconds. Bolt's 40-yard split from his world-record run is 4.35.

FLAW IN THE LOGIC: NFL combine clock starts on movement. Track clock starts with the gun. Subtracting Bolt's reaction time brings him to 4.19 seconds.

ODDS OF BEATING BOLT: 100 per cent chance of watching Bolt disappear into the distance.



4 HECTOR BELLERIN

Fullback, Arsenal

BONA FIDES: Spanish fullback is entering his second full season with the Gunners. Uses his "world class" speed to prevent goals.

VERIFIABLE SPEED: He doesn't appear in track databases.

FAST AS BOLT BECAUSE: Was once timed in 4.42 seconds over 40 metres. It's an "Arsenal record" and .23 faster than Bolt's world-record 40-metre split.

FLAW IN THE LOGIC: The feat has received plenty of media coverage but has the hallmarks of a tall tale. Was it timed by hand? By GPS? Standing start? Running start? Details don't exist.

ODDS OF BEATING BOLT: LOL per cent.

MOOSEHEADS

Three more cut from camp roster

Kristen Lipscombe
Metro | Halifax

The list of Halifax Mooseheads prospects attending training camp continues to get shorter.

Herd management cut three more players from camp Monday, forwards Marc-Olivier Gilbert and Gabriel Vanier, as well as defenceman William Smith.

Gilbert had been selected in the 13th round of the 2015 QMJHL Entry Draft, Vanier was picked in the seventh round at the 2014 draft and Smith was taken in the 11th round at this year's draft in Charlottetown.

The three players released were announced following the first-ever Hub City Showcase, which ran Friday through Sunday in Moncton. The Mooseheads prospects won the weekend tournament by edging the Moncton Wildcats in a shootout in their third game in as many days.

So far, the Herd have cut 13 younger players from training camp, while veterans and new

SCHEDULE

Tuesday: Team Red Practice, 10-10:50 a.m.; Team Green Practice, 11-11:50 a.m.; Green vs. Red Intrasquad Game, 4-6 p.m.

Wednesday: Pre-season game @ Cape Breton Screaming Eagles, 7 p.m.

Thursday: Practice, 10 a.m. - 12 p.m.; Practice, 4-6 p.m.

Friday: Practice, 10 a.m.-12 p.m.; Practice, 4-6 p.m.

Sunday: Practice, 10 a.m.-12 p.m.; Pre-season game vs. Charlottetown Islanders, 2 p.m. at Halifax Forum

Swiss import Nico Hischier arrived Monday.

Training camp continues this week, with an intrasquad game set for Tuesday at Cole Harbour Place and a pre-season game in Sydney against the Cape Breton Screaming Eagles on Wednesday night.

IN BRIEF

Sponsors drop Lochte

Ryan Lochte lost two major sponsors when Speedo USA and Ralph Lauren announced Monday they were dumping the swimmer over a drunken incident during the Rio Olympics that he initially described as an armed robbery.

Speedo USA also said it would donate \$50,000 of Lochte's fee to Save The Children to benefit needy youngsters in Brazil.

THE ASSOCIATED PRESS

Nationals place struggling Strasburg on 15-day DL

The Washington Nationals have placed Stephen Strasburg on the disabled list with right elbow soreness.

Strasburg, who started 15-1, is 0-3 in his past three starts with a 14.66 ERA. The right-hander went 4-2/3, 5-1/3 and 1-2/3 innings in those games, in which opponents batted .414 against him.

THE ASSOCIATED PRESS

Gonzalez's hat trick just 3 of Dodgers' 8 dingers

Adrian Gonzalez hit three of the Dodgers' seven homers — driving in a career-high eight runs — to lead Los Angeles to an 18-9 victory and a split of its four-game series with the Reds on Monday in Cincinnati.

The NL West leaders enjoyed their biggest home run spurge in 10 years. They've won 10 of their last 12 games against Cincinnati.

THE ASSOCIATED PRESS

RECIPE Fresh Corn Fritters with Cucumber Feta Salsa



PHOTO: MAYA VINE

Ceri Marsh & Laura Keogh
For Metro Canada

If you make three extra cobs of corn one night, you're laughing the next with these easy tacos topped with tangy salsa and full of juicy cucumber and salty feta.

Ready in 25 minutes
Prep time: 10 minutes
Cook time: 15 minutes
Makes 10 small fritters

Ingredients

- 3 eggs
- 2 cups corn kernels, about 3 cobs either boiled or grilled
- 3 Tbsp corn meal
- 4 Tbsp spelt flour
- 2 green onions, chopped
- salt and pepper to taste
- 2 Tbsp vegetable oil

Directions

1. In a medium size mixing bowl, beat the eggs and then add the corn. Stir in the corn meal, flour, onions and then season with salt and pepper.
2. Heat the oil in a large skillet over medium heat until the oil is shimmering and hot. Cook the fritters in batches. Drop a heaping tablespoon of batter into the skillet. Flatten slightly with the back end of a spoon or spatula. Cook, turning once until browned, 4-6 minutes on each side.

3. Fritters can be reheated by placing on a sheet pan under a broiler for a minute or two.

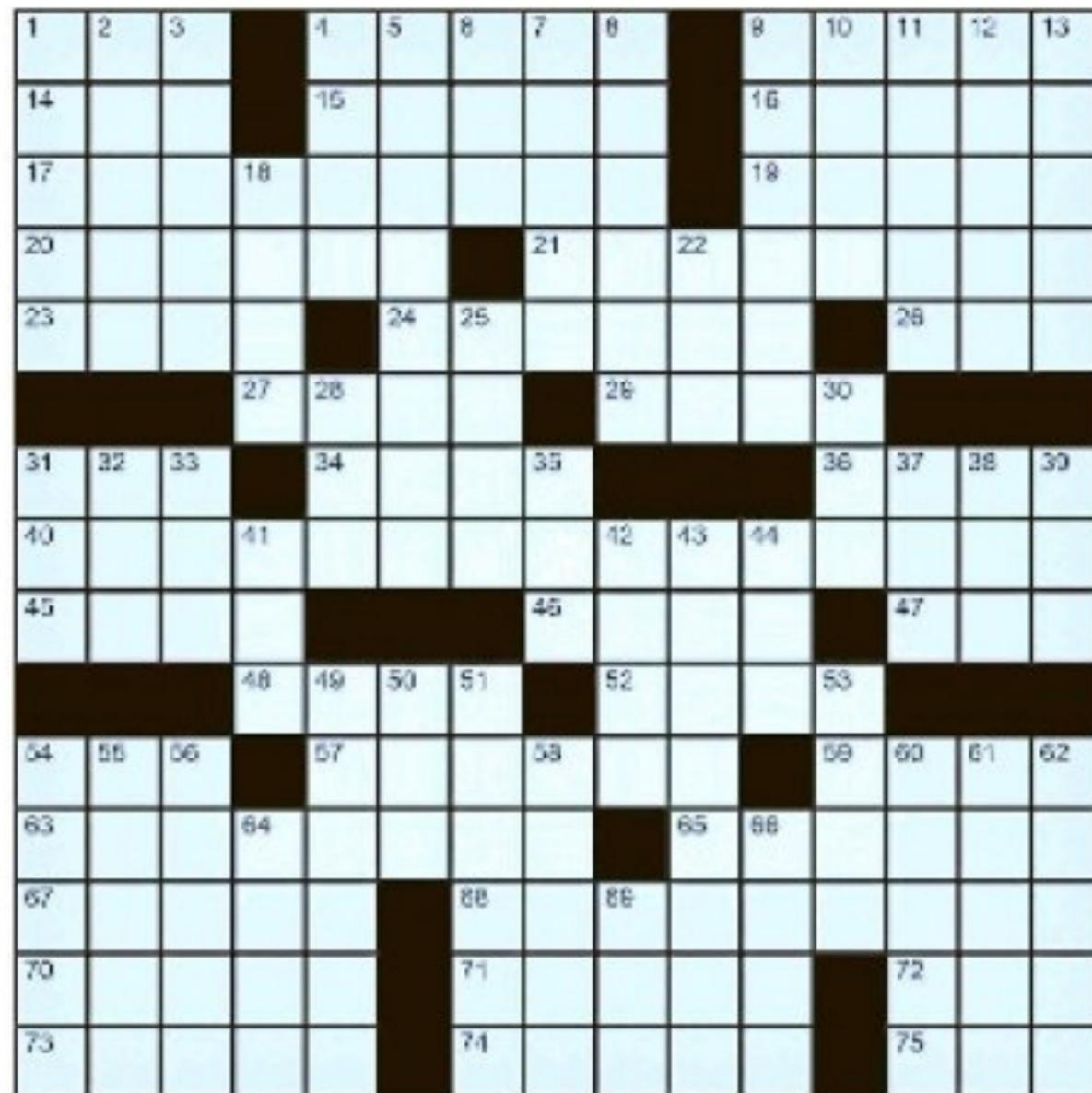
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CROSSWORD Canada Across and Down

BY KELLY ANN BUCHANAN

ACROSS

1. rally
4. Persuade/urge
9. Taye of 'Rent' (2005)
14. Chicken King link: 2 wds.
15. Singer Ms. Ross
16. Throat part, like in Dairy Queen commercials
17. What it will be tomorrow
19. Military officer, e.g.
20. Go forth
21. Meld
23. Hair colour changers
24. Dense
26. Massachusetts Senator whose brother was President ... his initials-sharers
27. Guided travel fun
29. Eye droplet
31. UK security service
34. Monks' monikers
36. Fever symptom
40. Canadian warplanes, e.g.: 3 wds. (NOTE: Answer is partially numbered)
45. Machine gun, e.g. (NOTE: Answer is partially numbered)
46. Apiece
47. Make possible
48. Car defect
52. "Little Fool" by Ricky Nelson
54. New Zealand parrot
57. Exacerbate
59. Middle-
63. There (Not present, but
- present)
65. "Goodness."
67. Like porridge bits
68. Handy' style of fortune telling
70. Hurt, wasp-style
71. Elliptical
72. Ms. Leoni



DOWN

1. 'Footed' like Fido
2. Dirge
3. Joanna of Growing Pains
4. Little Coupe by The Beach Boys
5. Unpaired
6. Stenographer's need
7. Make into law
8. House's floor plan
9. 2001: A Space

18. Cosy retreat
22. Purch add-on (Buy)
25. Talk big
28. Not at work today
30. Pre-1947 British rule in India
31. Fancy-style 1900
32. Q. Do you know is the alphabet's 11th letter? A. I do, and it is.
33. Montreal area code
35. The _-Creature (1956)
37. Salon styling stuff
38. 4WD truck
39. Founded [abbr.]
41. Discarded/abandoned, in slang
42. Glue alternative
43. sanctions, as imposed by governments
44. P, to Socrates
49. 'Dallas' family, The _
50. Neither/_
51. Three-legged camera stand
53. Vintage house heaters, for short
54. Info booth
55. Related materially
56. Awakened
58. _ off (Fend/fight)
60. Spanky & Our Gang's Like to __ Know You
61. Dog__
62. Mythological tree nymph
64. Sean of movies
66. Cover
69. Mr. Ferrigno

* IT'S ALL IN THE STARS Your daily horoscope by Francis Drake

Aries March 21 - April 20
You have money on your mind, perhaps because you want to make a special purchase. Stay in touch with financial matters and your earnings.

Taurus April 21 - May 21
The Moon is in your sign today, which makes you more emotional than usual. You feel concerned about the welfare of a friend. Meanwhile, fun times and vacations appeal!

Gemini May 22 - June 21
Secrets might come out today. However, your primary focus is on entertaining at home as well as doing home repairs and redecorating projects.

Cancer June 22 - July 23
You're eager to communicate to others now, especially a friend. Keep in mind that you can make money with your words through writing and talking this week.

Leo July 24 - Aug. 23
People might become aware of some personal details about your private life. This could possibly relate to finances, which are a high priority for you today.

Virgo Aug. 24 - Sept. 23
Four planets are in your sign right now — the Sun, Mercury, Venus and Jupiter. This empowers you! Go after what you want, especially if you want to make travel plans.

Libra Sept. 24 - Oct. 23
Today you might quietly resolve to be the best that you can be. At the very least, you want to improve your health, your attitude and your productivity. (Tall order!)

Scorpio Oct. 24 - Nov. 22
This is a popular time for you. Today in particular, you will enjoy hanging out with friends and partners. Be easygoing and ready to compromise.

Sagittarius Nov. 23 - Dec. 21
With fiery Mars in your sign, you are pumped with energy! Meanwhile, the Sun at the top of your chart makes you look fabulous in the eyes of others. Great combo!

Capricorn Dec. 22 - Jan. 20
This is a playful, fun-loving day. Travel for pleasure if you can. Explore creative options and opportunities.

Aquarius Jan. 21 - Feb. 19
Although you might want to cocoon at home today, keep in mind that you can benefit from the wealth and resources of others at this time. Just ask for what you want!

Pisces Feb. 20 - March 20
You're eager to learn something new today. Look for opportunities to learn from someone else, because they exist. Listen to someone.

CONCEPTIS SUDOKU by Dave Green

Every row, column and box contains 1-9

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| | | | 8 | | 2 | 3 | | |
| | 6 | 1 | 8 | | | | | |
| 8 | | 3 | 7 | 9 | | | | |

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YESTERDAY'S ANSWERS

Your daily crossword and Sudoku answers from the play page.

for more fun and games go to metronews.ca/games



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